



tan OF  
nature

[www.tanofnature.com.au](http://www.tanofnature.com.au)

YOUR LOCAL SPRAY TAN TECHNICIAN

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98% NATURAL  
ARGAN OIL INFUSED  
NATURAL 2 HOUR TAN

FREQUENTLY ASKED QUESTIONS

## SPRAY TAN FAQ'S

Tan of Nature is a luxuriously creamy tanning solution that provides a deep, honey-dipped glow. The innovative all natural and organic formula gives a deeper, longer lasting colour that fades evenly and is incredibly low tack.

Infused with Argan oil that is full of vitamins, this distinctive formula will leave your body feeling soft and silky while invigorating the skin with the perfect golden tan.

With the blend of organic botanicals and fruit extracts, Tan of Nature delivers a sensational tan that will fade gradually and evenly. Proudly Australian made and owned, Tan of Nature is the number one choice in organic spray tans with a musky, luxe scent - just like cashmere.

### TAN OF NATURE IS 98% ORGANIC & 100% NATURAL

#### Q: Is Spray Tanning safe?

A: Yes. The use of all natural ingredients such as Argan Oil, Aloe Vera and Vitamin E provide the richest looking tan in the most protected way without the sun. Tan of Nature uses organic and natural ingredients including Argan oil and Eco-Cert DHA to leave your body feeling soft and silky while invigorating the skin with the perfect golden tan. We do however recommend to always wear nose plugs and do not inhale spray tan. Tan Of Nature Products are for external use only.

#### Q: Is Tan of Nature drying to the skin?

A: No. Tan of Nature Tanning Products contain a blend of organic botanicals and fruit extracts, including Argan Oil that moisturises, hydrates and protects the body without clogging the pores or irritating sensitive skin. Providing a safe barrier against drying elements.

#### Q: What active ingredient produces the tan?

A: The basis is a sugar molecule called **dihydroxyacetone (DHA)**. When this substance reacts with the amino acids in the skin it initiates a natural looking tan.

DHA is a colourless 3-carbon sugar that when applied to the skin causes a chemical reaction with amino acids in the surface cells of the skin producing a darkening effect. DHA does not damage skin as it only affects the outermost cells of the epidermis.

DHA is currently the most popular method of sunless tanning, mainly because it has been approved by the Australian Therapeutic Goods Administration (TGA) as safe for consumer use. There appear to be no long term side effects from this ingredient, affecting only the very outermost layer of skin (the stratum corneum). DHA is only for external application. It should never be ingested or inhaled. We recommend using nose plugs when getting a spray tan.

#### Q: What is Argan Oil?

A: Argan oil is a plant oil produced from the kernels of the argan tree (*Argania Spinosa L.*) originating from the deserts of Southern Morocco. Pure Argan oil restores skins moisture for a more beautiful skin long term. Argan oil is full of vitamins that will leave your body feeling soft and silky while invigorating the skin with the perfect golden tan.

#### Q: How should I prepare for my Tan of Nature spray tan?

A: If you wish to have an even tan, it is important that you remove dead skin cells before you start applying the solution. The best way to remove these cells is using a natural enzyme exfoliant or an exfoliating glove with a natural soap. The main thing is you should try to avoid using harsh exfoliants or soaps that may dry out your skin. Having removed the dead skin cells, you will then need to moisturise your skin. Repeating this 2-step process a few times for the week leading up to your tan is the best way to prepare your skin for your sunless tan.

#### Q: When is it best to exfoliate?

A: Exfoliate the day before your tanning session, leaving at least 8 hours between exfoliation and application of your tan. Exfoliation will open your pores up, which may result in your tanning solution being absorbed unevenly. It is important that your skin settles and the pores close before you start spraying.

#### Q: Will I end up with spray tan on my clothes?

A: You should be aware that it is very likely for some of the fake tan colour to end up on your clothes and bed sheets. After you have had a spray tan, you are not meant to shower for 8 hours, and therefore during that time the tanning solution can easily discolour the clothes you are wearing. For this reason, we recommend that you wear dark, loose fitting clothes, and avoid wearing anything too special. That said, the solutions are water-soluble and will generally wash out of fabric.

#### Q: How long does it take for a spray tan to dry?

A: Within 10 minutes tanning solutions should have dried enough to get dressed. If you are in a hurry, ask your spray tan technician to dry your skin with their HVLP spray tan machine to speed up the drying process!

#### Q: Once I have applied my tan, how long do I need to wait to shower?

A: The (Dihydroxyacetone) DHA (active ingredient, producing a colour change) will begin to activate within 2 hours after application, replacing any cosmetic bronzers as they wash off. It is recommended that you should shower off after 2-3 hours to obtain light tan, 3-4 hours for medium tan, or 5 hours for dark tan.

Wash in warm water only for 60 Seconds. Don't use any shower gels, scrubs, shampoos or loofers, pat dry and use Tan Maintainer to prolong your tan. The Full DHA results continue to develop within the next 18-24 hours. During this time you should avoid showering or exercising strenuously.

#### Q: Roughly how many days will my sunless tan last for?

A: Your Tan of Nature spray tan will generally last for 5-7 days depending on your skin type and how well you maintain for your tan.

#### Q: How can I get the most out of my tan and help it to last well?

A: To increase the life of your tan you should moisturise regularly, avoid long showers, avoid exercise or sweat-inducing activities, and try not to swim in salt or chlorinated water. Tan of Nature's Tan Maintainer unique hydrating formula of Argan oil, specially selected botanicals and a hint of DHA extends the life of your tan, while replenishing your skin. Tan of Nature's Tan Maintainer moisturises the skin to prolong the effects of DHA and enhances the appearance of the tan. Can be used independently, or every day to create a natural glow.

#### Q: How can I avoid my tan wearing off unevenly?

A: To avoid your tan from wearing off in uneven patches, it is best to use Tan of Nature's Tan Maintainer. The unique hydrating formula of Argan oil, specially selected botanicals and a hint of DHA extend the life of your tan, while replenishing your skin. For the first 48 hours at least, you should avoid chlorine and salt water, as well as heavy exercise. Once you are reaching the end of your tan, it is best to gently exfoliate using a glove and natural soap, followed by a rich moisturiser.

#### Q: Can I apply Tan of Nature to my face?

A: Yes. All of Tan of Nature products are dermatologist recommended. With the unique blend of natural ingredients it is safe for use on the most sensitive skin.

#### Q: Do Tan of Nature Products have sunscreens?

A: No. After obtaining the richest looking tan with Tan of Nature products, we highly recommend using at least 15 SPF when outdoors. Tan of Nature products do not contain sunscreens.

#### Q: Is tanning out doors harmful to your skin?

A: Yes. Medical research surveys have indicated skin cancer as a result of constant exposure to the sun. Any exposure, even minimal is damaging to your skin over a long term. The use of Tan of Nature Tan Maintainer will quickly replenish needed moisture to your skin cells. This exclusive formulation of Argan Oil and specially selected botanicals is extremely effective in restoring, dry, peeling, flaking and sun damaged skin into moisturised youthful skin.

#### Q: Where is Tan of Nature Products manufactured?

A: ALL of our Products are made and manufactured in Australia. We have consulted some of the top Chemists in the Country dedicated to Tanning Product formulations. Their Research / Development Division and Quality Control Division ranks among the highest in the industry.

#### Q: Where can I purchase Tan of Nature Products?

A: Tan of Nature products are sold exclusively in Professional Beauty Salons, Tanning Salons and Day Spas. Visit our website for more information: [www.tanofnature.com.au](http://www.tanofnature.com.au)